

Notice of Annual Shareholder Meeting

Third Age Health Services Limited

To be held on Tuesday 26 August 2025 at 10am

ANZ Pavilions Suite, Ground Floor, 23 Albert Street, Auckland CBD

Notice is hereby given that the 2025 annual meeting of the shareholders of Third Age Health Services Limited (**Third Age Health**) will be held in person on Tuesday 26 August 2025 at ANZ Pavilions Suite, Ground Floor, 23 Albert Street, Auckland, beginning at 10am.

Items of business

1. Chairman's address

2. CEO's address

3. Financial statements and reports

To receive and consider the financial statements of Third Age Health for the year ending 31 March 2025 and the auditor's report to shareholders.

4. Ordinary resolutions

To consider and, if thought fit, to pass the following ordinary resolutions:

A. Re-election of John Samuel Ronny Fernandes

That John Samuel Ronny Fernandes, who retires at the annual meeting and is eligible for re-election, be re-elected as a director of Third Age Health (see explanatory note).

B. Auditor's remuneration

That the directors be authorised to fix the auditor's fees and expenses for the coming year (see explanatory note).

5. Shareholder questions and other business

To consider any other matters which can be considered at an annual meeting including any shareholder questions not previously answered.

Virtual Access

A virtual, online link will be made available on request for any shareholders not able to attend in person. If you would like to observe the meeting remotely utilizing this online access, please email your request to investors@thirdagehealth.co.nz with your shareholder number and name, and any questions you would like answered, by 10am on Monday 25 August 2025 to obtain details. If those listening in virtually wish to vote they will need to do so in advance or by proxy.

By order of the Board

John Fernandes, Chairman

29 July 2025

Explanatory Notes

These notes form part of the notice of meeting.

The resolutions to be voted on at the annual meeting are ordinary resolutions. This means that in order to be approved more than 50% of the shareholders entitled to vote and voting (either in person or by proxy) must vote in favour of the resolution. Under the Takeovers Code (Class Exemptions) Notice (No 2) 2001 any shareholders whose voting rights in Third Age Health increased beyond 20% as a result of the 2024 share buyback are not allowed to exercise those increased voting rights at the AGM. There are no other restrictions on any shareholder that prevent them from exercising their vote on any of the resolutions being considered at the meeting.

Resolution A: Re-election of John Samuel Ronny Fernandes

John Fernandes retires due to having held office for three years and, being eligible, offers himself for re-election as a Director. The Board considers John to be an Independent Director.

A short biography for John is below:

John has been Chairman of Third Age Health since 2022, leading the Board in shaping the company's strategy around delighting customers, adopting Kaizen to foster a culture of continuous improvement, and allocating capital with a focus on maximising the average annual rate of increase in intrinsic value per share over time.

He is CFO of MacroActive and Ruminant BioTech, with experience in strategy, finance, and continuous improvement across financial services, telco, media, and technology businesses in New Zealand. John has held roles at Spark, MediaWorks, NZX, Elevation Capital, and Goldman Sachs JBWere, and holds a Master of Business Administration from The University of Auckland.

The Board unanimously recommends that shareholders vote in favour of re-electing John Samuel Ronny Fernandes as a director.

Resolution B: Auditor's remuneration

Vikas Gupta of UHY Haines Norton, Sydney is automatically reappointed as auditor under section 207T of the Companies Act 1993. This resolution authorises the Board to fix the fees and expenses of the auditor as required by section 207S of the Companies Act 1993.

The Board unanimously recommends that shareholders vote in favour of this resolution.

Attendance and voting

Attendance

The annual meeting will be held in person. Shareholders, or their proxy, wishing to attend the annual meeting should arrive at 23 Albert Street at the appointed time and should bring their proxy voting form with their shareholder number for verification purposes.

Voting

Voting at the annual meeting will be by way of a poll. The persons who will be entitled to vote at the meeting are those persons (or their proxies) registered as holding shares at 5pm Friday 22 August 2025.

Shareholders may, and are encouraged to, exercise their right to vote by way of proxy vote if they cannot attend the meeting in person.

A proxy form is included with this notice of meeting. You or your proxy can vote for or against or abstain from each of the resolutions. You can cast your vote prior to the annual meeting by using the proxy voting form. A proxy you appoint does not need to be a shareholder in Third Age Health.

The Chairman of the annual meeting is available to act as your proxy if you wish. If you appoint the Chair of the annual meeting as your proxy, they will cast your vote in accordance with the indication made in your proxy voting form, or if no vote is entered or discretion is selected, in favour of each resolution.

To be effective, the proxy form must be received at MUFG Pension & Market Services, Level 30, PwC Tower, 15 Customs Street West, Auckland, by mail to PO Box 91976, Auckland 1142, New Zealand or by email no later than 10am on Sunday, 24 August 2025 in accordance with the instructions on the proxy form.

You may also appoint your proxy online by following the instructions on the proxy form.

A shareholder may also cast a postal vote instead of attending in person, online, or appointing a proxy. You can cast a postal vote online or by electing to "Postal Vote" on the proxy form and returning it to MUFG Pension & Market Services using any of the methods above no later than 10am on Sunday, 24 August 2025.

A corporate shareholder may appoint a person to attend the annual meeting as its representative in the same manner as it could appoint a proxy.

Shareholder questions

Shareholders will have the opportunity to ask questions during the meeting.