

9 July 2026

### Director Nominations

Third Age Health Services Limited (NZX:TAH) advises Director nominations are now open for the purposes of NZX Listing Rule 2.3.2.

The period for the nomination of Directors will close on Friday 24th July 2026. All nominations must be received by 5:00pm (New Zealand time) on the closing date.

Nominations may only be made by a Shareholder entitled to attend and vote at the Annual Shareholders' Meeting (AGM).

Nominations must be addressed to the Head of Finance via email to [investors@thirdagehealth.co.nz](mailto:investors@thirdagehealth.co.nz) or sent to Third Age Health's registered office, addressed to:

Head of Finance  
Third Age Health Services Limited  
536 Kennedy Road  
Greenmeadows  
Napier  
4112  
New Zealand

Details for the forthcoming AGM, to be held in August 2026, will be advised by Notice of Meeting.

Authorised for issue by:  
John Fernandes  
Chairman

For more information please contact:

Geraldine Bromley, Head of Finance – Third Age Health Services Limited  
+64 22 127 5598  
[geraldineb@thirdagehealth.co.nz](mailto:geraldineb@thirdagehealth.co.nz)

About Third Age Health (NZX: TAH)

Third Age Health is New Zealand's only specialised provider of general practice health care services for older people living in retirement villages, private hospitals, secure dementia units as well as in communities across New Zealand. A dedicated Third Age Health clinical team provides onsite clinics, rostered rounds and after hours on-call healthcare services aimed at supporting the health and wellbeing of older people to improve quality of life. As well as providing clinical services for aged care facilities throughout New Zealand, Third Age Health owns several general practices providing quality primary healthcare to people of all ages.

[www.thirdagehealth.co.nz](http://www.thirdagehealth.co.nz)